

TRAVEL CAMP FOR TEENS

Designed for Anyone Entering Grades 7-10

***Hit the Road with Us for a Summer!
You'll Never Forget It!***



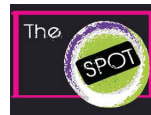
**Each day will feature a new adventure!
No two weeks are ever the same!**

Each Week will Feature:

- ***3 Field Trips***

Local and/or Regional
No field trip will occur twice!

- ***1 Day at The SPOT or the "J"***



Themed days,
swimming, sports & more!

- ***1 Community Service Day***

On and off site. Volunteer at local non-profits and earn certificates for these hours of service.

- ***Overnights***

Every other week at various destinations within New York State.
(price included in camp fee)



**Sign up
for all 8 weeks
of SyraCruisin' and
receive \$10 off
per week!!**

**Camp Space is Limited...Register Early!
You can sign up week to week or for all eight weeks.**

PRE-TEEN & TEEN CAMPS

SyraCruisin' Travel Camp for Teens - Calling All Teen Adventurers!
Have the time of your life as you get to experience
a new adventure each day with the JCC and The SPOT .



SyraCruisin' - Travel Camp for Teens

SyraCruisin' Travel Camp for Teens is specifically for campers that are entering 7th through 10th grades, exclusively designed to meet the needs of today's young teens. We'll take regular field trips to places that have been selected based upon the capability to encourage social and cultural awareness, community service, team building, and just plain fun! Each session will feature different field trips so each day will be completely different from the next. Trips will include overnights every other week all around New York State!

Program Layout: Each week will feature:

3 Field trips, local and / or regional – no same field trip will occur twice!

1 "Day at The SPOT" featuring a various activities, billiards, Wii, heading to the J for swimming, organized sports, rock climbing, and more!

1 Community Service Day. Teens will give back to the community by volunteering at Camp Rishon or other public service or not-for-profit organizations. Everyone will earn certificates of completion for these hours of service.

Overnights every other week (price is included in the camp fee) around NY State.

Have The Time Of Your Life

ALL FIELD TRIPS AND FEES ARE INCLUDED IN THE PRICE OF CAMP.

You can sign up week to week or for all eight weeks. Camper space is limited... **REGISTER EARLY!**

Time: 9:00 a.m. – 4:00 p.m.

Extended Care is available from 7:30 – 9:00 AM and 4:00 – 6:00 PM daily at the JCC

Fees:

Members: \$200 per week

Non-members: \$250 per week

Member rates apply to JCC Family Memberships only. Student memberships do not apply.

Minimum and maximum enrollment must be met in order to run the program.

Please contact Camp Director Lori Innella-Venne at the JCC at 445-2360 Ext. 109 for additional information.



**Sign up for 8 weeks of
SyraCruisin' & receive
\$10 off per week!!**

PRE-TEEN AND TEEN PROGRAMS

Camp Aide

Camp Aides must be 14 years old at the time of attendance

Weeks 1- 8

Each Camp Aide will work with a counselor as a job coach during his or her week at the JCC. The Camp Aide will be assigned to a group and assist the counselors and CIT's. Camp Aides will have the added advantage of participating in the programs of their group. Swimming, field trips, and overnights are all included in this camp. Camp Aides may be required to attend a meeting/training with the Director. Though there is no guarantee of group assignments, the Director will work with the Camp Aides in order to accommodate their interests. Requests are encouraged, but not guaranteed. Camp Aides must be family members of the JCC. The per-week fee is \$100. **Space is limited.**

CIT (Counselor in Training)

CIT (Counselor in Training)

CIT's must be 15 years old at the time of attendance

Weeks 1- 8

Develop leadership skills, learn the basics of camp counseling, and provide support to camp groups. Each CIT will be assigned to a group that he or she will assist all week long. CIT's will report to counselors and the head counselor for job duties. An interview may be required prior to acceptance. CIT's may need to attend counselor meetings and/or training. This is a great way to get some experience before applying to be a Camp Counselor at the JCC next summer! CIT's must be JCC Family members and space is limited. The per-week fee for the CIT is \$50.

Manlius Pebble Hill Summer Programs "Spark Series" classes.

This section of programming offers exciting enrichment classes for ages 11 – 17 through MPH. Visit our website for more information on the brochure release and registration dates at www.mph.net. Go to go "Community Programs" and then to "Summer Programs."

Acing the Application Essay
Adobe Photoshop CS
Babysitter's Training Course
Computer Animation
Creating Imagery in Glass I
Creating Imagery in Glass II
Design Your Own Greeting Cards
Design Your Own Website
Game Maker
Jazz Band Camp for Middle Schoolers
Painting
Strength and Conditioning Camp
...and more for grades 7 - 12.

Give MPH a call if you don't see something that interests you. Contact Rebecca Rhody with any questions: 315/446-2452, ext. 140. You must register for these programs through MPH, not the JCC.

TEEN-FITNESS PROGRAM

JCC Summer Teen Fitness Program
Open to Anyone Entering
Grades 7-10
for two 2 week Sessions!

Session 1

July 11-15th and July 18-22nd

Session 2

August 1-5th and August 8th -12th

Time: 9:30am-3:30pm

Cost:

One 2-Week Session Member: \$350

One 2-Week Session Non-Member: \$400

Two 2-Week Sessions Member: \$ 650

Two 2-Week Session Non-Member: \$750

Enrollment Minimum of 10 to run the program (by July 1st for Session 1 and July 15th for Session 2)

Being healthy takes hard work, determination and guidance. Let the JCC's team of professionals help this summer with a fitness program designed

just for pre-teens and teens. For middle and high school athletes this is a perfect way to stay in shape over the summer or a great way to jump start teenagers who feel they want to work toward a healthier body and mind so they enjoy a lifetime of fitness. This full day program will explore every aspect of being fit and healthy from trying out a variety of exercise options to learning how to eat healthy by learning from a professional nutritional counselor. The program will run for 4 weeks and is open for young men and women entering grades 7-12. So get your friends together and enjoy a fit and healthy summer.



Get Fit and Have Fun!
Stay in Shape for Fall Sports!
Learn about Good Nutrition!

Program Features Include:

- Fitness Assessments
- Consultations with Fitness Instructors, Nutritionists, Personal
- Trainers and much more
- Group Fitness Classes including X-Biking, Zumba, GeoMats and much more!
- Plyometrics
- Organized Sports
- Indoor Track
- Rock Climbing
- Weight Training and Cardio in our Full Fitness Center
- Journaling

For more information call the JCC Fitness Desk at 234-7422.

Please complete both sides of this form and return to the JCC

JEWISH COMMUNITY CENTER - CAMP RISHON

2011 School Age and Teen Camp Registration

Camper First & Last Name _____

Week 1 June 27-July 1	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Tennis (C)
<input type="checkbox"/> CIT	<input type="checkbox"/> Horseback 2nd Grade and Up (P)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Soccer (B)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Theatre (A)
<input type="checkbox"/> Fantastic Figures (A)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Golf 2nd & up (C)	<input type="checkbox"/> Late Care
Week 2 July 5-July 8 (no camp Mon, 7/4)	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Day Tripper 4th & up (B)
<input type="checkbox"/> CIT	<input type="checkbox"/> Gymnastics (A)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Gaming Camp 4th & up (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Day Tripper 4th Grade & Up (B)
<input type="checkbox"/> All Sports Café 1st – 3rd (A)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Climbing 1st – 3rd (B)	<input type="checkbox"/> Late Care
Week 3 July 11-July 15	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Horseback Riding 2nd & up (P)
<input type="checkbox"/> CIT	<input type="checkbox"/> Karate (B)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Outdoor Inspiration (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Wilderness Skills 4th & up (A)
<input type="checkbox"/> Baseball – Adv. (B)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Gymnastics (A)	<input type="checkbox"/> Late Care
Week 4 July 18-July 22	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Fencing 3rd & up (B)
<input type="checkbox"/> CIT	<input type="checkbox"/> Glitter & Glam (A)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Photography 3rd & up (B)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Skateboarding (B)
<input type="checkbox"/> Acrylic Painting (A)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Basketball - Beg. (B)	<input type="checkbox"/> Late Care
Week 5 July 25-July 29	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Horseback Riding 2nd & up (P)
<input type="checkbox"/> CIT	<input type="checkbox"/> Inspirational Artists (A)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Kitchen Science 4th & up (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Secret Agent Camp 1st – 3rd (B)
<input type="checkbox"/> Fishing 2nd & up (B)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Gymnastics (A)	<input type="checkbox"/> Late Care
Week 6 August 1-August 5	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Circus Camp (P)
<input type="checkbox"/> CIT	<input type="checkbox"/> Kitchen Science Grades 1-3 (A)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Multicultural Art (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Secret Agent 4th & up (B)
<input type="checkbox"/> Basketball – Adv. (B)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Bowling (C)	<input type="checkbox"/> Late Care
Week 7 August 8-August 12	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Dance (A)
<input type="checkbox"/> CIT	<input type="checkbox"/> Climbing 4th & up (B)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Gymnastics (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Rocketry 4th & up (A)
<input type="checkbox"/> All Sports Café 1st – 3rd (A)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Ceramics (A)	<input type="checkbox"/> Late Care
Week 8 August 15 –August 19	
<input type="checkbox"/> Nitzanim	<input type="checkbox"/> Culinary 2nd & up (B)
<input type="checkbox"/> CIT	<input type="checkbox"/> Fit Camp 4th & up (B)
<input type="checkbox"/> Camp Aide	<input type="checkbox"/> Gymnastics (A)
<input type="checkbox"/> SyraCruisin'	<input type="checkbox"/> Wild About Art (A)
<input type="checkbox"/> Baseball – Beg (B)	<input type="checkbox"/> Early Care
<input type="checkbox"/> Climbing 1st – 3rd (B)	<input type="checkbox"/> Late Care

AM & PM BUS TRANSPORTATION REQUEST

Parents: Using the bus stop numbers from page 4 of the brochure, please indicate the stop most convenient for you for both the AM and the PM bus runs.

AM - _____

PM - _____

Extended Care (Prices per Week)

AM (7:30 - 9AM)	\$10 per week
PM (4-6PM)	\$10 per week
AM & PM	\$20
If Enrolled in After Camp Clinic	Prorated \$6/Week
Number of Weeks of AM Care x \$10	
Number of Weeks of PM Care x \$10	
Number of Weeks of ACC Prorated Weeks x \$6	
Total Due	

PAYMENT INFORMATION

Are you a JCC member?	Yes	No
JCC Membership #		
Payment Method	<input type="checkbox"/> Cash <input type="checkbox"/> Check <input type="checkbox"/> Visa <input type="checkbox"/> MC	
Account Number		
Cardholder Name		
Expiration Date		
Signature		

BILLING SUMMARY

Total Camp Fee	
Camp Fee 5% Discount (if paid by 4/15)	
Subtotal (if applicable)	
Early/Late Care Fees	
Registration Fee (\$20)	
Subtotal	
Deposit (\$35/week)	
Total Enclosed	
Balance Due	

JEWISH COMMUNITY CENTER

2011 After Camp Clinic & Teen Fitness Registration

- One form per person
- Please print
- Complete both sides of this form
- Please read registration and general information before completing this form
- Mailing and billing will be sent to the child's address
- Third-party billing will not be done
- Please indicate sessions for your child's registration on the right.
- If camper is registered for School-Age Camps, please complete shaded area only for after camp clinic registration.

REGISTRANT INFORMATION		
Last Name	First Name	Age
Address		Sex (circle one) M F
City	State	Zip
Phone	T-Shirt Size (circle one) Youth: (6-8) (10-12) (14-16) Adult S M L	
Birthdate	School	Grade Entering (2011-12)
Physician		Phone

PAYMENT INFORMATION	
Are you a JCC member?	Yes No
JCC Membership #	
Payment Method	<input type="checkbox"/> Cash <input type="checkbox"/> MC <input type="checkbox"/> Check <input type="checkbox"/> Visa
Account Number	
Cardholder Name	
Expiration Date	
Signature	

PARENT #1 / GUARDIAN INFORMATION		
Last Name	First Name	
Work Phone	Home Phone	Cell Phone
Occupation	Email Address	

PARENT #2 / GUARDIAN INFORMATION		
Last Name	First Name	
Work Phone	Home Phone	Cell Phone
Occupation	Email Address	

BILLING SUMMARY	
Total Fees	
Subtotal	
Total Enclosed	

EMERGENCY CONTACT INFORMATION (Other than Parent) MUST BE LOCAL			
Name # 1	Phone #1	Phone #2	Relationship
Name # 2	Phone #1	Phone #2	Relationship

EMERGENCY (Please Check Off Your Choices)

After Camp Clinic (\$10 Mem. /\$15 N. Mem.)	
Climbing	<input type="checkbox"/> Week 1 6/27 & 6/29 <input type="checkbox"/> Week 4 7/18 & 7/20
Tween Training	<input type="checkbox"/> Week 3 7/11 & 7/13 <input type="checkbox"/> Week 6 8/1 & 8/3
Geomats	<input type="checkbox"/> Week 5 7/25 & 7/27 <input type="checkbox"/> Week 7 8/8 & 8/10

Teen Fitness Program
<input type="checkbox"/> Session One (\$350 Mem. /\$400 N. Mem.)
<input type="checkbox"/> Session Two (\$350 Mem. /\$400 N. Mem.)

Summer Teen Membership Options June 27 - September 7
<input type="checkbox"/> Full Fitness Membership - \$100*
<input type="checkbox"/> Non-Fitness Membership - \$75*

* Discounts on programs do not apply to the summer memberships.

FOR OFFICE USE ONLY	Payment Received _____ Amount _____ Date _____ Initials _____ Batch # _____ Membership Type _____ Membership # _____
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JEWISH COMMUNITY CENTER

2011 After Camp Clinic & Teen Fitness Registration

Waiver

The undersigned hereby agrees to indemnify and hold harmless the Jewish Community Center, its agents, and independent contractors from and against any and all claims, damages and expenses arising out of damages, bodily injury, sickness or death resulting from use of this facility and/or participation in any activity in the Jewish Community Center Family Sports and Fitness Center.

I understand that there are risks associated with participation in any exercise program, including but not limited to abrasions, musculoskeletal injuries, abnormal blood pressure, fainting, irregular heart rhythms, and in rare instances, heart attack, stroke or death. I understand that should I have any known medical condition, that it is my responsibility to consult with a physician before participating, and I acknowledge that by signing below, I am taking full responsibility for my health should I choose not to consult a practitioner.

I understand that it is my responsibility to abide by all the rules of the facility.

I have read the preceding paragraphs as acknowledged by my signature.

Child Name _____ Date _____

Parent/Guardian Signature _____ Date _____

Name _____ Date of Birth _____

Address _____

City _____

State _____ Zip _____

Home Phone _____

Work Phone _____



Membership Categories & Rates

5655 Thompson Rd. ■ DeWitt, NY 13214 ■ 315-234-4522 ■ www.jccsyr.org

Membership Code	Category	Description	Full-Facility Rate Annual/ Monthly	Non-Fitness Rate Annual/ Monthly
Family	A	2-Parent Family	2 Adult Caregivers, Children & Dependent Students within a Single Household	\$744/\$65 \$380/\$35
Family	B	1-Parent Family	1 Adult Caregiver, Children, and Dependent Student(s)	\$530/\$47 \$278/\$26
Family	C	Individual Adult	1 Adult, Age 30+	\$455/\$41 \$240/\$23
Individual	D	Individual Young Adult	1 Adult, Age Under 30	\$300/\$25 N/A
Individual	L	Young Married Professional Couple*	2 Adults, Age Under 30	\$550/\$46 N/A
Young Couple	M	Married Couple One Dependent Student*	2 Adults, Age Under 30, One Being an Adult Student	\$450/\$38 N/A
Young Couple	E	Adult Couple	1 Adult Couple with No Children Living at Home	\$637/\$56 \$342/\$32
Couple	F	Dependent Student	1 Single, Full-time Student, age 14+, Financially Dependent on Parents	\$273/\$26 N/A
Dependent Student	G	Dependent Student per Semester	Same as Above, for Any 4 Consecutive Months	\$155/NA N/A
Senior Adult	H	Senior Adult*	1 Adult, Age 60+	\$401/\$36 \$80/\$10
Senior	I	Senior Special*	1 Adult, Age 60+, 10AM & 7 to 9PM, Weekdays Only, for Full Fitness	\$209/\$20 N/A
Senior	J	Senior Snowbird*	1 Adult, Age 60+, living outside Onondaga County for More Than 6 months, 5-Month membership Can Be Activated between 4/15 - 5/31	\$188/NA N/A
Senior	K	Senior Couple*	2 Married Adults, one 60+	\$572/\$51 \$144/\$15

MEMBERSHIP & CONTRIBUTIONS

L	Mitzvah	Monetary Contribution, Receives All JCC Publications, No Additional Benefits	Any Amount
M	Silver	Monetary Contribution in Addition to Any Membership	\$100
N	Gold	Monetary Contribution in Addition to Any Membership	\$200
O	Platinum	Monetary Contribution in Addition to Any Membership	\$300

MEMBERSHIP & PREMIUM SERVICE

P	Premium	\$195/year/adult. Includes a personal locker. Does not apply to dependent student or senior categories. Limited availability.	\$195
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ONE-TIME ENROLLMENT FEES (New and Lapsed Membership Only)

Full - Fitness members (Except Seniors & Students)	\$50	Non - Fitness members (Except Seniors & Students)	\$30
Full- Fitness Seniors & Students	\$25	Non - Fitness Seniors & Students	\$15

Membership Registration	Code	Amount
Full Facility (A-J)		
Contribution Membership (KN)		
Premium Service	P	
Enrollment Fee (if Applicable)		
Payment Plan Fee		
	Total	
MC/Visa #	Exp.	Check
Signature		Date

In the spirit of Tzedakah, anyone, regardless of age, capable of paying for a full facility membership is encouraged to do so.

* \$25 Registration Fee

For Office Use Only	
Date:	
Mem. #	
Mem. Code	
Mem. Cat.	
Total Due	
Amt. Pd.	
Balance	
Payment Plan:	Y N

JEWISH COMMUNITY CENTER

2011 JCC Membership Categories and Rates

MAIN INFORMATION

Last Name _____
 Address _____
 City _____ State _____ Zip _____
 Home Phone _____
 Home Email _____

Marital Status M S D W

Optional Information (Will be used for statistical purposes only.)

Synagogue Affiliation _____

Not Affiliated

Not Applicable

PRIMARY MEMBER

(Circle One) Mr. Mrs. Ms. Miss
 Dr.

First Name _____
 Date of Birth _____
 Occupation _____
 Employer _____
 Business Address _____
 City _____ St _____ Zip _____
 Bus. Phone _____
 Bus. E-mail _____
 Bus. Fax _____
 If Dependent Student (Must be full-time student):
 School _____ Grade/Year _____
 Phone _____
 E-mail _____

MEMBER #2

(Circle One) Mr. Mrs. Ms. Miss
 Dr.

First Name _____
 Date of Birth _____
 Occupation _____
 Employer _____
 Business Address _____
 City _____ St _____ Zip _____
 Bus. Phone _____
 Bus. E-mail _____
 Bus. Fax _____
 If Dependent Student (Must be full-time student):
 School _____ Grade/Year _____
 Phone _____
 E-mail _____

CHILDREN / DEPENDENT STUDENTS

First Name	Last Name	Sex	D.O.B.	School Grade/Yr.	Email
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____

ACCEPTANCE OF JCC OF SYRACUSE MEMBERSHIP (Must Be Signed and Dated)

I, the undersigned, for myself and all persons listed above, hereby affirm the following:

I am making application for membership in the Jewish Community Center of Syracuse. I agree to abide by its rules and bylaws. I understand that all members 18 years and older may participate in the Annual Meeting of the JCC.

I understand that membership dues are payable

in full at the time of joining or renewal, unless a payment plan has been approved in advance. A payment plan only specifies the manner in which payments will be made and does not reflect a month-to-month membership commitment. If paying with a payment plan, I authorize the JCC Family Sports and Fitness Center to automatically charge my credit card account for each consecutive month of the plan.

I understand that membership dues are automatically renewed each year unless I give notice in writing, and that membership is not transferable.

I understand that membership dues are non-refundable.

 Applicant's Signature

 Date