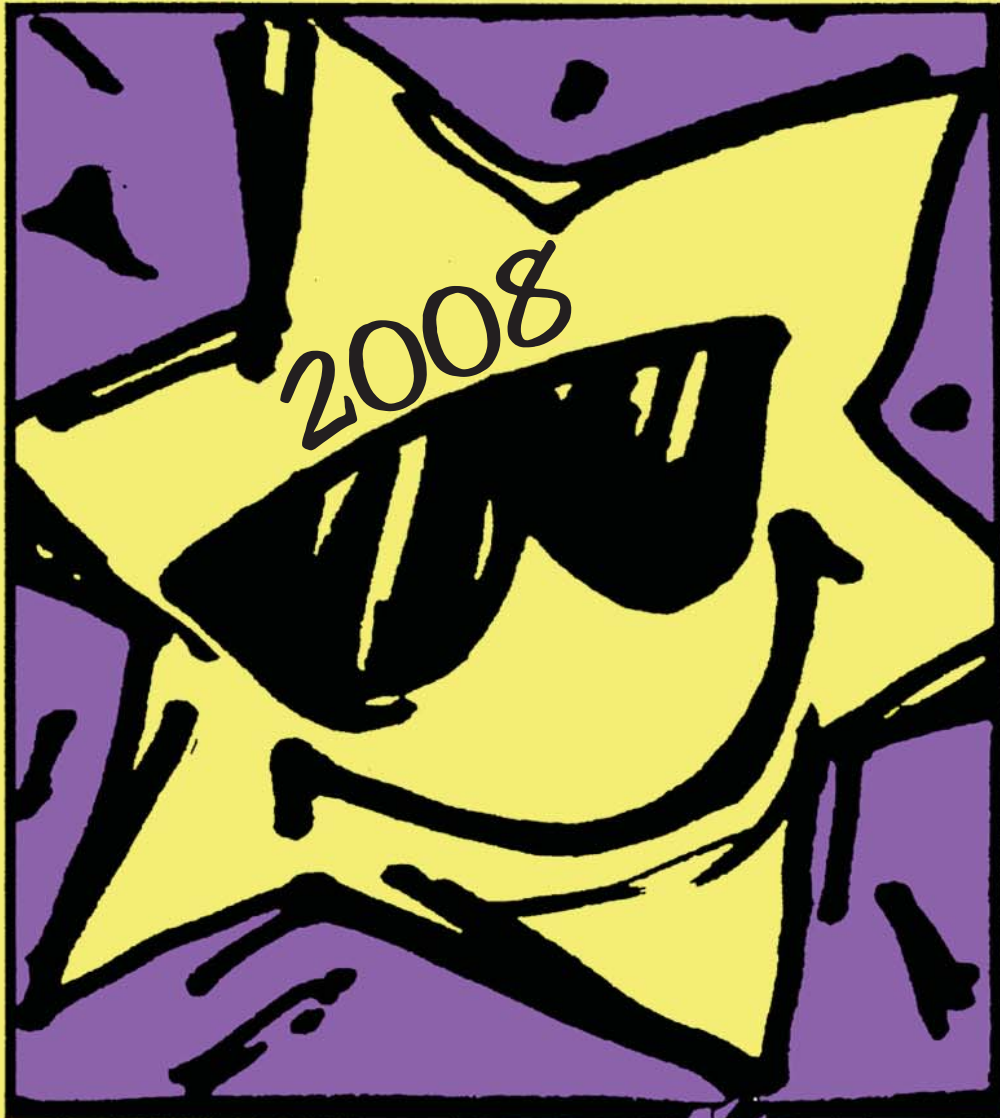


# JCC CAMP RISHON



Number One in Summer Fun!

# SCHOOL-AGE CAMPS REGISTRATION WORKSHEET

Nitzanim	\$143 Member / \$185 Non-member	x	# of weeks _____	=	_____
Specialty Level A	\$172 Member / \$224 Non-member	x	# of weeks _____	=	_____
Specialty Level B	\$182 Member / \$237 Non-member	x	# of weeks _____	=	_____
Specialty Level C	\$197 Member / \$252 Non-member	x	# of weeks _____	=	_____
Horseback Riding Level	\$219 Member / \$274 Non-member	x	# of weeks _____	=	_____
STARS	\$300 Member / \$350 Non-member	x	# of weeks _____	=	_____
Sleep Away Camp @ Lakeland	\$900 Member / \$1000 Non-member	x	# of weeks _____	=	_____
CIT	\$30 Must be a member	x	# of weeks _____	=	_____
Camp Aide	\$100 Must be a member	x	# of weeks _____	=	_____
Early Care	\$10 per week	x	# of weeks _____	=	_____
Late Care	\$10 per week	x	# of weeks _____	=	_____
Pro-Rated Late Care - After Camp Clinics	\$6 per week	x	# of weeks _____	=	_____

**Total Camp Fees (to carry over to registration form) = \_\_\_\_\_**

## It Make Sense to Become a Member\*

Save up to \$55 per week on Camp Rishon when you become a member!

### Non-Fitness Memberships

Non-Fitness Memberships entitles you to discounts on all children's programming throughout the JCC as well as use of the pool for everyone on the membership.

#### Non-Fitness Single Parent Family

Includes one parent and all children  
\$260 per year  
(*\$25 per month when paid monthly*)

#### Non-Fitness Two-Parent Family

Includes both parents and all children  
\$355 per year  
(*\$33 per month when paid monthly*)

### You do the math:

One child enrolled for 8 weeks  
saving up to \$55 each week.

You save up to \$440 on camp  
by becoming a member!

Two children = \$880 savings!

And so on...

And don't forget discounts on vacation camps, after-camp clinics, and the after-school program in the fall, plus use of the pool for the family!

### Full-Facility Memberships

Full-Facility Memberships entitles you to use the JCC Family Sports and Fitness Center, including our indoor track, equipment room, group fitness classes, and gymnasium. New members receive a free personal training session. You will get use the pool, as well as receive discounts on programs at the Fitness Center and throughout the JCC.

#### Full-Facility Single Parent Family

Includes one parent and all children  
\$495 per year  
(*\$44 per month when paid monthly*)

#### Full-Facility Two-Parent Family

Includes both parents and all children  
\$695 per year  
(*\$61 per month when paid monthly*)

Memberships are a year commitment but can be paid on a monthly payment plan.

*\*Membership Rates will increase on July 1, 2008. Calculations based on membership rates until this date only.*

## Notes

### Camp Open House

There will be a Camp Rishon Open House at the JCC on Sunday June 8, 2008 from 1:00-3:00 pm. Staff will be on hand to answer questions, show you around the facility, and explain all of the forms to you. We will see a slideshow, explain camp activities and even try out some pre-camp fun! Bring the kids and your questions. Find out everything you need to know about Camp Rishon at this event. Call 445-2360 to reserve a spot.

# WELCOME TO JCC CAMP RISHON!

## General Information for ECDP & School-Age Camps

### Register Early to Avoid Close-outs!

Sign up to attend weeks 1 through 6 and receive 10% off of weeks 7 & 8\*!

(\*Discount credited after camp is over)

### To Do Checklist:

- Register early to avoid being closed out of specialty camps.
- Plan your child's summer carefully. In order to uphold the integrity of our programs, we strongly discourage last-minute changes. A **\$20 change fee** will be applied for any changes made within 2 weeks of the camp. Some changes may not be possible due to outside contract obligations.
- Note withdrawal deadlines carefully. **Refunds will not be issued for absences or withdrawal after the deadline.**
- All withdrawals and camp changes must be in writing.
- All camps must be paid in full 2 weeks before the start of that camp.
- Campers will not be allowed to attend camp if balances are owed to the JCC, unless payment arrangements are made with our accounting department in writing 2 weeks prior to the start of the camp.

## Registration Information

Every camper is special. We want to ensure that every camper has a wonderful and memorable experience at camp and that requires your help. Please pay attention to the information included in this booklet, information after registration, and information sent home from camp.

### The Registration Fee is non-refundable and non-applicable to camp tuition.

The JCC is not responsible for unintended, unforeseen absences. The JCC reserves the right to cancel any camp for lack of minimum enrollment; balances paid will be transferred or refunded. You will be notified at least two weeks in advance of any cancellations. **To ensure STARS trip programs, a minimum of 12 campers must be enrolled by July 7th.**

## How to Register

Use the appropriate enclosed form and return it with the required payment. **Use one form per child.** Once registration is received, other forms will be sent to you, which must be completed and returned at least 2 weeks prior to the start of camp. Full payment is due as per the deadline schedule.

## Deposit and Billing

With each child's registration form you must include the following:

- \$35 per week deposit
- \$20 non-applicable, non-refundable registration fee

**Registration forms will not be considered without both the deposit and the registration fee.** You will receive a 5% discount if the entire balance is paid by April 18. The JCC accepts cash, checks, Mastercard, and Visa. Each camp must be paid in full two weeks prior to its start date. *Note: Mail and billing will be sent to the child's address. Third party billing will not be done.*

## Sibling Discounts

A 2% discount will be credited for **each child's camp tuition** when more than one child from that family attends at least one session. This credit will be calculated once all of the changes in registration have been recorded and camp is over. The credit will be applied against other JCC programs (not including fundraisers). The discount must be used by December 31, 2008. If a sibling does not attend the program for any reason, discount will not be given.

## What Tuition Includes

Camp tuition includes materials, transportation (school-age camps only), a camp T-shirt, daily snacks, field trips, and cookouts. Parents will receive advance notice of special events and optional program activities that require an additional fee. Because camps are programmed by session, campers who do not attend all five days each week may miss field trips, special programs, and activities. Unfortunately, we are unable to change or substitute days for which a child has been registered to accommodate a specific trip or event. You are advised to check with the Staff regularly.

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## Scholarships/Financial Aid

Every child deserves a summer camp experience. For that reason, the JCC makes limited financial aid available for camp and membership. Financial aid applications must be received by May 25, 2008. Call the JCC for a scholarship application.

## Tax Credits

The JCC's summer day camps may qualify for a childcare tax credit. Contact your accountant for further information.

## School-Age Camps

### Early and Late Care

The regular camp day is from 9 am to 4 pm for Nitzanim, STARS, and Specialty Camps. Morning extended care is from 7:30 am to 9 am, and afternoon extended care is from 4 pm to 6 pm. Charges are \$10 per week for either early or late care, and \$20 per week for both. Pro-rated late care charges will be applied to those enrolled in After-Camp Clinics.

*Note: Parents are responsible for transporting campers if extended care is used.*



# WELCOME TO JCC CAMP RISHON!

## SCHOOL-AGE CAMP WEEKLY FEES

### Nitzanim

\$143 Members/\$185 Non-members

### Specialty Camps:

#### Price Level A

\$172 Members/\$224 Non-members

#### Price Level B

\$182 Members/\$237 Non-members

#### Price Level C

\$197 Members/\$252 Non-members

#### Price Level - Horseback Riding

\$219 Members/\$274 Non-members

### STARS

\$300 Members/\$350 Non-Members

### Sleep-away Camp at Camp Lakeland

\$900 Members/\$1000 Non-Members

### Camp Aide

\$100 JCC Family Members only

### CIT

\$30 JCC Family Members only

## Bus Transportation

Neighborhood bus transportation is included in Nitzanim, STARS (note that some days STARS trips will leave before camp begins and transportation to the JCC will not be available), and Specialty Camp tuition fees. See the neighborhood bus stops on the right for the stop nearest you, and indicate the stop on the registration form. Parents are encouraged to request a pickup at or near their home in addition to selecting a bus stop, as we have been able to accommodate many families with such requests in the past. Parents may drop off and pick up their children at the JCC, as transportation is not available in all areas. Transportation is not available for preschool campers, school-age campers attending early and/or late care, After-Camp Clinics or Teen Programs.

## Neighborhood Bus Stops

Stops may be eliminated for lack of pick-ups. The following lists are general guidelines of stops in these areas. In the morning, the bus run begins at approximately 8:00 am and arrives at the JCC by 8:55 am. The stops on the list farthest away from the JCC are picked up closer to 8:00 hour while the stops nearer the JCC are picked up closer to 8:55 am and the start of the camp day. In the afternoon, the bus run begins shortly after 4:00 pm and is finished by approximately 4:45 pm. The bus route runs in reverse at this time with the bus stops nearest to the JCC dropped off near the 4:00 hour while the stops farther from the JCC are dropped closer to 4:45 pm. In the bus request section of the registration form please provide the address of where you would like to have your child picked up and we will make every effort to accommodate you. Please understand that we are unable to accommodate all additional stop requests if they add too much time to the route. You will be notified in late June of the times of your route. Please note that pick-up and drop off times may vary from week to week with the gain or loss of other campers on the route. All routes end in the morning and begin in the afternoon at the JCC. Of course, you have the option of dropping off and/or picking up your camper(s). We will make every effort to keep the schedule running smoothly and on time.

## Bus Routes

### Syracuse/DeWitt

- A1 Columbus Circle
- B1 Euclid Ave. and Comstock Ave.
- C1 Manley Field House
- D1 Colvin St. and Buckingham Ave.
- E1 Lancaster Ave. and Broad St.
- F1 Westcott St. and Euclid Ave.
- G1 Solace Elementary School
- H1 Meadowbrook Ave. & Bradford Pkwy.
- I1 Bradford Heights and Cross Rd.
- J1 Tecumseh Elementary School
- K1 Standish and Old Lyme
- L1 Bradford and Old Lyme
- M1 Hamilton and Thomas
- N1 Moses-DeWitt Elementary School
- O1 Salt Springs Rd. and Caton Dr.

### Manlius

- A2 Carriage House East
- B2 Northfield and Cascade
- C2 Watervale and Harwich
- D2 Smith's Market
- E2 Regiment and Verbeck
- F2 Enders Rd. Elementary School
- G2 Enders Rd. and Iliad Dr.
- H2 F-M District Offices
- I2 Somerset and Rte. 92 (on Somerset)
- J2 Stonegate and Woodchuck Hill Rd.
- K2 Thorntree Hill Dr.

### Fayetteville

- A3 F-M and Sherbrooke
- B3 Wellwood Middle School
- C3 Towne Center
- D3 Mott Rd. and Dabney Ln. (2nd)
- E3 Mott Rd. Elementary School
- F3 Winterton and Maple (1st)
- G3 Edinger & Maple (bus will not turn)
- H3 Luan Circle
- I3 Old Quarry and Saddlebrook
- J3 Old Quarry and Pine Valley
- K3 Highfield and Bridle Path

## Pre-Camp Paperwork

Each child in school-age camps must complete the following paperwork before he or she can come to camp. These documents must be turned in two weeks prior to the first day of camp:

- Health and Examination Form completed by a parent/guardian and physician, and signed by a parent/guardian. Your child must have had a physical exam within the past two years in order to complete the form.
- Trip Permission/Publicity Release signed by a parent/guardian.
- Waivers pertaining to Rock Climbing, Secret Agent, and/or Horseback Riding Camps as well as After-Camp Clinics.
- Parent Handbook should be read and the back cover signed and returned.
- Medication Permission Authorization is needed if you child takes any regular or occasional medications during the camp day (including over-the-counter medications). It must be signed by a parent/guardian and a physician.

You will receive these forms in a confirmation packet sent to your home before camp begins, or they are available for download on the JCC website at [www.jccsy.org](http://www.jccsy.org).



# SCHOOL-AGE CAMPS (Children Entering Grades 1-6)

## General Information

- Registration is done on a weekly basis.
- Register early, as many of the camps fill quickly.
- The camp day runs from 9:00 AM - 4 PM. Early Care from 7:30 - 9:00 AM and Late Care from 4:00 - 6:00 PM is also available.

- Questions about our school-age camps? Please call:

Lori Innella-Venne,  
Director of Children and  
Teen Services and Camping,  
(315) 445-2360 Ext. 109

## Camp Philosophy

The JCC's Camp Rishon offers a variety of adventurous and enriching programs to provide opportunities to establish lasting friendships. Our diverse specialty programs provide our campers with exciting new challenges and old favorites, while our Nitzanim camp offers the spirit and energy of a comprehensive day camp program with weekly themes, field trips, occasional overnights, and special events.

## Camp Dates

Monday, June 30- Friday, August 22

All school-age camps run Monday through Friday.

*Note: There is no camp on Friday, July 4.*

## DEADLINES

5% Discount .....April 18  
for paid-in-full campers

100% return of deposit .....May 2  
and paid balance,  
if written withdrawal  
is received by May 2

Financial Aid Application..... May 23

100% of Balance Returned..... May 30  
(but not deposit),  
if written withdrawal  
is received by May 30

No refunds of any kind after .....June 6

## School-Age Camp Overnights

School-age campers have the opportunity to attend our optional overnights when enrolled in weeks 2, 4, 6, and 8. The destinations for our off-site overnights for this year are Highland Forest in Tully, and the Museum of Science and Technology (MOST), as well as two overnights here at the JCC, with many fun activities planned -- including a DJ on the last overnight of the season. Dinner on Thursday, and breakfast and lunch on Friday will be provided. Campers must be enrolled in a school-age camp during the week of the overnight in order to participate.

The overnight schedule is as follows:

### Thursday, July 10 at the JCC

Evening field trip or in house entertainment, night swimming, and fun with friends.

### Thursday, July 24 at the MOST (Museum of Science and Technology)

Demonstrations and exhibits all night long, including the new Earth Science Cave and Science Playhouse! (additional fees apply)

### Thursday, August 7 at Highland Forest

BBQ cookout, sports and games, night hike, and camping fun. Cabins will have electricity and running water!

### Thursday, August 21 at the JCC

DJ Dance Party to wrap up the summer!

## Nitzanim Day Camp

For Children Entering Grades 1 - 6

Weeks 1- 8

This camp is geared toward the child who wants an exciting variety of activities. It is many of the specialty camps, all rolled into one. Specialists lead activities in: arts and crafts, sports and games, Israeli Culture with a visiting Israeli Scout, drama, and nature. Daily Red Cross instructional and recreational swimming, and a weekly Shabbat celebration are some of the great features of our Nitzanim program. Nitzanim weekly field trips will take place on Tuesdays, Wednesdays, or Thursdays, depending on the week. One day each week is "Field Day," and will be supplemented with competitions and tournaments in areas ranging from sports and games to dynamic and lengthy relays. Fridays are known as Super Fridays, where campers are given the opportunity to choose between traditional (i.e. sports and arts) and alternative activities (like slip and slide, scavenger hunts, Wacky Water Day, and much more) to create their own schedules.

## 2008 Summer Weekly Themes

Week 1 ..... 6/30 – 7/3  
Olympics Week

Week 2 .....7/7 – 7/11  
Pirate Week

Week 3 .....7/14 – 7/18  
Wild, Wild West Week

Week 4 .....7/21 – 7/25  
Summer Safari Week

Week 5 .....7/28 – 8/1  
Weird Science Week

Week 6 .....8/4 – 8/8  
Circus Week

Week 7 .....8/11 – 8/15  
Israeli Week

Week 8 .....8/18 – 8/22  
Hollywood Idol Week



## Specialty Camps

All camps begin and end at the JCC. Space may be limited, and minimum and maximum enrollment numbers may be designated for certain camps. Specialty Camps have daily Red Cross swim instruction and recreational swimming, although some may have a more limited swim time due to the scheduling and travel times. A typical day for Specialty Camps includes 30 minutes of instructional swim, approximately 45 minutes of recreational swimming, plus 2 to 4 hours of concentration time within the specialty activity. Specialty Camps participate in Nitzanim programming at varying levels. See descriptions in the following pages or call the JCC for more specific details.

# SCHOOL-AGE CAMPS (Children Entering Grades 1-6)

## All Sports Café

Price Level A

For Children Entering  
Grades 1 - 3

Week 1: June 30 — July 3  
*\*No Camp Fri., July 4th*

Week 6: August 4 — August 8

Campers will have a menu of sport options every day including tennis, basketball, hockey, soccer, baseball, and more. *Enrollment: minimum of 8 and maximum of 24 campers.*



## Baseball with LeMoyne College

Price Level B

Advanced Players

Week 3: July 14 — July 18

Beginner Players

Week 7: August 11 — August 15

Skill development, instruction, and games with LeMoyne College assistant coach Scott Landers. **Please register according to skill level.** Requirements: Campers should come equipped with baseball gloves. *Enrollment: Minimum of 8 and maximum of 24 campers.*



## Basketball

Price Level A

Beginner Players

Week 2: July 7 — July 11

Advanced Players

Week 8: August 18 — August 22

Learn the fundamentals of one of America's favorite sports. Practice your skills through drills and games using regulation and lowered rims in the Schayes Family Gymnasium. **Please register according to skill level.** *Enrollment: Minimum of 8 and maximum of 24 campers.*



**So-Long Summer  
Vacation Camp  
August 25 through  
September 2,  
registration begins  
in July.**

**NEW!**

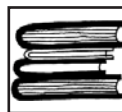
## Book Beginnings

Price Level A

For Children Entering  
Grades 1 & Up

Week 4: July 21 — July 25

Have you ever wondered how a book is born? Step into the magical world of illustration, with accomplished illustrator Katya Krenina. Write your own short story, or borrow a well-known tale. You create the illustrations! Katya will lead you through the process step by step, from the initial idea to the finished product - your own illustrated book! *Enrollment: Minimum of 8 and maximum of 24 campers.*



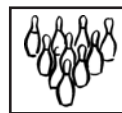
## Bowling at Bowl-Mor Lanes

Price Level C

For Children Entering  
Grades 1 & Up

Week 8: August 18 — August 22

Instructors will teach the steps and techniques of bowling during actual games. Bowling shoes will be provided. Campers will receive their very own bowling balls to keep. *Enrollment: Minimum of 10 and maximum of 24 campers.*



## Chess

Price Level A

For Children Entering  
Grades 2 & Up

Week 1: June 30 — July 3  
*\*No Camp Fri., July 4th*

This camp includes instruction, games, competition, and skill development. Open to all skill levels. A chess tournament will take place at the end of the week. *Enrollment: Minimum of 6 and maximum of 18 campers.*



## Climbing Camp with Aaron Gross

Price Level B

Field Trip to

*Electric Rock Gym  
in Schenectady each week!*

For Children Entering Grades 1 - 3

Week 3: July 14 — July 18

Week 8: August 18 — August 22

For Children Entering Grades 4 & Up

Week 5: July 28 — August 1

Week 6: August 4 — August 8

Learn the fundamentals of climbing and climbing safety (JCC certification is provided). Practice on the best indoor climbing wall in Syracuse area, then take a field trip and try your rock climbing skills on the 40-foot walls and bouldering tunnel at Electric City Rock Gym in Schenectady. Requirements: Parents will need to complete and sign a waiver form for the Electric City Rock Gym and the JCC. *Enrollment: Minimum of 8 and maximum of 15 campers.*



## Circus Camp with the National Circus Project

Price Level C

For Children Entering Grades 1 & Up

Week 6: August 4 — August 8

A circus show by professional artists/instructors, with hands-on workshops in feather balancing, juggling, plate spinning, stilt-walking, and much more. Campers will perform in a showcase for their parents, the entire Camp Rishon family, and the Jewish Community Center on Friday afternoon in the Schayes Family Gymnasium. *Enrollment: Maximum of 25 campers.*



# SCHOOL-AGE CAMPS (Children Entering Grades 1-6)

## Dance Camp with Jessica Kimpland



Price Level A

For Children Entering Grades 1 & Up

Week 4: July 21 — July 25

Spend your week with Jessica Kimpland, a respected instructor with over 15 years of experience and a knack for working with children of all ages. During the week, you will work on many different styles of dance and dance techniques, including hip-hop, ballet, jazz and more. No formal dance training is needed; neither is any formal dance apparel. Come ready to learn, and have a great time. Parents can watch their campers perform on the last day of the camp. *Enrollment: Minimum of 8 and maximum of 30 campers.*

## Day Tripper

Price Level B

For Children Entering  
Grades 4 & Up

Week 1: June 30 — July 3

Campers take a different field trip every day! This year, field trips will include swimming at Green Lakes, amusements, sports, and more! *Enrollment: Minimum of 12 and maximum of 20 campers.*



## Fishing with Bill Wade

Price Level B

For Children Entering  
Grades 2 & Up

*Daily field trips to local fishing spots!*

Week 5: July 28 — August 1

Enjoy fishing at different locations and develop skills with instruction from our own Bill Wade. Campers will be provided with fishing rods, which they will get to keep. Requirements: Campers need to wear close-toed shoes and eyewear. *Enrollment: Minimum of 12 and maximum of 25 campers.*



**NEW!**

## Functional Art Camp

Price Level A

For Children Entering  
Grades 1 & Up

Week 5: July 28 — August 1

Create items that are both beautiful and useful. We'll decorate household objects, make jewelry, create occasion cards, and more! You can keep your creations or give them as the perfect gifts to friends and family! *Enrollment: Minimum of 8 and maximum of 24 campers.*



Become a member  
of the JCC today  
and receive valuable  
member discounts  
towards camp!

Ask us about  
membership  
and join us today!

**NEW & IMPROVED!**

## Golf with Mel Baum at Northern Pines Golf Course



Price Level B

*Daily field trip to Northern Pines Golf Course!*

For Children Entering Grades 2 & Up

Week 7: August 11 — 15

Learn full swing fundamentals, chipping, pitching, putting, golf rules and etiquette. Mel Baum, a PGA "Class A" professional, is instructing. New this year, we will visit Northern Pines Golf Course each day! Requirements: Campers are encouraged to bring their own clubs and share with others. Camp Rishon has limited clubs to share. *Enrollment: Minimum of 8 and maximum of 24 campers.*

## Gymnastics

Price Level A

*Field trips each week!*

For Children Entering Grades 1 & Up

Week 2: July 7 — July 11

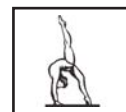
Week 3: July 14 — July 18

Week 5: July 28 — August 1

Week 7: August 11 — August 15

Week 8: August 18 — August 22

Beginners to Level 8. Uneven parallel bars, balance beam, vault, tumble track and floor exercises will improve strength and coordination. Field trips weekly to gymnastics facilities for further instruction. All instructors are trained in gymnastics. *Enrollment: Minimum of 12 campers and maximum of 36 campers.*



## Horseback Riding with Gentle Hill Farms

Horseback Riding Price Level

*Daily Field trip to Gentle Hill Farms, Tully!*

For Children Entering Grades 2 & Up

Week 2: July 7 — July 11

Week 4: July 21 — July 25

Week 6: August 4 — August 8  
*(no first time riders this week)*

Riding and horsemanship will be covered. Each day will include grooming and riding (indoor and outdoor facilities), plus hands-on demonstrations. Helmets will be provided. Week 6 is being offered to those campers who have participated in the camp program at least once before. First-time riders who attend during weeks 2 and 4 are eligible for week 6. Requirements: Campers must wear stretchy or loose-fitting long pants and closed-toe shoes daily. Waiver for Gentle Hill Farms must be completed. *Enrollment: Maximum of 12 campers per week.*



# SCHOOL-AGE CAMPS (Children Entering Grades 1-6)



**NEW!**

## If I Were A Famous Artist...



Price Level A

For Children Entering Grades 1 & Up

Week 6: August 4 — August 8

Take an imaginary journey to an artist's studio where we will learn about art, get inspired, and produce our own masterpieces using different approaches that artists like Van Gogh, Monet, and da Vinci used. Explore painting, still life, sculpture, collage and more!

*Enrollment: Minimum of 8 and maximum of 24 campers.*

**NEW!**

## Imagination Creation



Price Level A

For Children Entering Grades 1 & Up

Week 1: June 30 — July 3

*\*No Camp Fri., July 4*

Have you ever wanted to describe a dream, but couldn't find the words? Bring your dreams to life through art. This week, we will paint images from our imagination and tell stories with pictures.

*Enrollment: Minimum of 8 and maximum of 24 campers.*

## Karate with Marvin Labbate's CNY Karate



Price Level B

*Daily field trip to CNY Karate!*

For Children Entering Grades 1 & Up

Week 4: July 21 — July 25

Daily karate workout with Marvin Labbate and the experts of CNY Karate in East Syracuse. Enhances motor skill progression and self-discipline. *Enrollment: Minimum of 8 and maximum of 24 campers.*

## Kitchen Science with Lori Innella-Venne



Price Level A

For Children Entering Grades 1 - 3

Week 2: July 7 — July 11

For Children Entering Grades 4 & Up

Week 7: August 11 — 15

Turn the kitchen into a science lab! We have recipes for oobleck, homemade root beer and more. Campers will take a field trip to the Museum of Science and Technology (MOST) and create concoctions that they can take home. Each child will receive a recipe book at the end of the camp. Taught by our very own Lori Innella-Venne. Requirements: Campers should wear clothes that can get dirty. *Enrollment: Minimum of 8 and maximum of 24 campers.*

## Lacrosse with LeMoyne College



Price Level B

Advanced Players

Week 2: July 7 — July 11

Beginner Players

Week 5: July 28 — August 1

Learn to play lacrosse from LeMoyne College National Champions. The LeMoyne College lacrosse team assistant coaches will lead instruction. This camp will focus on fine-tuning lacrosse skills. **Please register according to skill level.** Requirements: Campers must bring a lacrosse stick and helmet/face mask. *Enrollment: Minimum of 8 and maximum of 24 campers.*

**NEW!**

## Passionate Portraits



Price Level A

For Children Entering Grades 1 & Up

Week 3: July 14 — July 18

Let's paint self-portraits and more! Bring in photos to paint portraits of family, friends, and pets. We will even paint each other! Learn the skills needed to paint faces and use famous portraits like the Mona Lisa for inspiration.

*Enrollment: Minimum of 8 and maximum of 24 campers.*

## Photography Camp with SU Community Dark Room



*Daily field trip to SU Community Darkroom!*

Price Level B

For Children Entering Grades 3 & Up

Week 5: July 28 — August 1

Experience the crossover from traditional to digital photography. In this photography-intensive camp, campers will learn how to take photos and print images in a traditional black-and-white darkroom. Additionally, the campers will learn how to input traditional images into digital format, manipulate them, and output the images in the form of a digital inkjet print. Disposable cameras will be provided. *Enrollment: Minimum of 6 and maximum of 10 campers.*

## Rocketry



Price Level A

For Children Entering Grades 4 & Up

Week 4: July 21 — July 25

Make and launch your very own rockets! Spend the week learning the fundamentals and physics of model rocketry. On the last day of camp, we will launch our rockets for all of camp to see! *Enrollment: Minimum of 8 and maximum of 24 campers.*

**NEW & IMPROVED!**

## Sculpture



Price Level A

For Children Entering Grades 1 & Up

Week 8: August 18 — August 22

Use your hands as tools to create 3-dimensional art. We'll try clay, paper, fabric, and other materials to create objects. At the end of the week, the sculptures will be on display for everyone to see! *Enrollment: Minimum of 8 and maximum of 24 campers.*

# SCHOOL-AGE CAMPS (Children Entering Grades 1-6)

## Secret Agent Camp

Price Level B

For Children

Entering Grade 4 & Up

Week 2: July 7 — July 11

For Children Entering Grades 1 - 3

Week 7: August 11 — 15

Spend the week training like a secret agent. Learn skills in rock climbing, surveillance and decoding; we'll cover it all this week. Spend one day playing laser tag with your fellow agents at Fun Junction and another day getting agent training at the Museum of Science and Technology (MOST). Each camper will get secret agent equipment to keep at the end of the week. Requirements: Parents need to complete and sign a waiver form for rock climbing and field trips. *Enrollment: Minimum of 8 and maximum of 24 campers.*



## Sleep-Away Camp Experience at Camp Lakeland

See page 10 for additional information.

For Children Entering Grades 4 – 8

Dates: Monday, July 28 — Sunday, August 3

Not ready to dedicate a whole summer to sleep away camp? Unsure about leaving your friends? No worries! Travel with JCC's Camp Rishon, its staff, and fellow campers to Camp Lakeland in Franklinville, NY for seven days of sleep-away camp fun. You'll already know the counselors and your bunkmates from the JCC, but you'll meet new friends from all over the country as you join Camp Lakeland campers for activities such as canoeing, horseback riding, ropes courses, lake swimming, and much more! All meals and transportation are included. Find out what sleep-away camp is really like with some of the comforts of home!



## Soccer with LeMoyne College

Price Level B

Advanced Players

Week 1: June 30 — July 3

Beginner Players

Week 4: July 21 — July 25

Learn to play soccer from the LeMoyne College players. Campers will experience soccer by playing games, running drills and fine tuning skills. **Please register according to skill level.** *Enrollment: Minimum of 8 and maximum of 24 campers.*



**NEW!**

## Speed Stacks

Price Level A

For Children Entering Grades 1 & Up

Week 8: August 18 — 22

Join the latest craze! Speed stacking is an individual and team sport where participants stack and unstack 12 specially designed stacking cups in a pre-determined sequence. Learn the stacks, practice the skills, and compete for the fastest time! Each camper will receive his or her own set of speed stacks to take home. At the end of the week, campers will showcase the skills they learned to friends and family. *Enrollment: Minimum of 6 and maximum of 24 campers.*



## Tennis with Gold's Gym

Price Level B

For Children Entering Grades 1 & Up

Week 1: June 30 — July 3

**\*No Camp Fri., July 4**

Campers will learn and practice the skills necessary to play tennis at a level that will keep them challenged and enthusiastic. Requirements: Campers should bring their own rackets, although Gold's Gym will have a few to be shared. *Enrollment: Minimum of 12 and maximum of 24 campers.*



**NEW!**

## Theatre Camp

Price Level A

For Children Entering Grades 1 & Up

Week 3: July 14 — 18

You can be a star! Don't be shy; there is a perfect role for everyone. An instructor with experience in drama production will teach the fundamentals of theater. Children will play drama games, learn to act and improvise, create costumes, and design sets and props. At the end of the week, campers and parents will watch the performance.



**NEW AND IMPROVED!**

## Wild About Art

Price Level A

For Children Entering Grades 1 & Up

Week 7 August 11 — 15

We will use wilderness and the natural environment as inspiration. Learn about the use of color, composition, and use different media inspired by nature and local landscapes. We will take two field trips - one to Green Lakes State Park, and one to the Rose Garden in Thornden Park for our inspiration. *Enrollment: Minimum of 8 and maximum of 24 campers.*



## Wilderness Skills

Price Level A

For Children Entering Grades 4 & Up

Week 3: July 14 — 18

Spend your week learning how to survive in the great outdoors. Build tools and shelter from things found in the wild, and learn the correct way to use a compass. Light campfires without matches, build your own compass, and make a solar oven. We will develop skills in forest areas two days of the week, learn how to tie knots, and have a survival kit to take home. *Enrollment: Minimum of 8 and maximum of 24 campers.*



# PRE-TEEN & TEEN CAMPS

## STARS

### Amusement Park Action Week

Open to Anyone Entering Grades 6 - 9

Week 6: August 4 — August 8

(Registration for STARS should be done with the Camp Rishon registration form)

Hit the road this summer for five days of amusement parks and other great action with your friends. Each day, STARS will take you and your friends to a different amusement park in NY. STARS prices include all entrance costs and transportation. Campers should bring a non-meat lunch each day. Spending money for souvenirs is optional. Camp hours are generally from 9:00 am until 4:00 pm, but early departure and late return may occur on certain days depending on the destination.

*Please Note: In order to run the STARS Program, a minimum of 12 campers must be enrolled by July 7th.*

### Sleep-Away Camp Experience at Camp Lakeland

The Jewish Community Center's Camp Rishon in Syracuse and Camp Lakeland in Franklinville, NY have come together to offer a unique program. The Sleep-Away Camp Experience is ideal for families who are thinking about sleep away camp for the first time. Campers will enjoy a sampling of all the activities sleep-away camp has to offer, such as:

- canoeing
- sailing
- water-skiing
- golf
- tennis
- mountain biking
- go karting
- horseback riding
- hiking
- ceramics
- drama
- ropes course
- And more!

Parents can set their fears aside and relax while their children are with the counselors that they have known all summer long. Knowing the staff before campers arrive can make a world of difference at sleep away camp. Register with the Camp Rishon registration form. More details will arrive in your camp confirmation packet.

## Adventure Week

### with Manlius Pebble Hill

Ages: Rising 7th - 9th graders

Dates: July 7 — 11  
(no refunds after June 27)

July 21 — 25  
(no refunds after July 11)

Time: Full day  
(see explanation below)

Cost: **\$350.00 per week**  
(*\$50 non-refundable deposit required with registration*)

Max: 8 students

**Adventure Coordinator:** Jonathan Kresge

Every day brings an exciting challenge for you. Spend five activity-filled days participating in a broad range of activities designed to teach you new skills, test your endurance, and build your confidence. The Adventure Week Program will take you away from your everyday activities and bring you the unusual. A typical week might involve sailing in Oswego one day, rock climbing in Rochester, a water park in Canandaigua, white water rafting in Watertown, and hiking and swimming in the Ithaca gorges. The time frame varies daily, with most days running between 8:00 am and 4:30 pm. Participants will be required to bring a lunch, water bottle and change of clothes daily. Group size is limited to ensure a positive program experience. All expenses paid, aside from personal vending or concession choices at the waterpark or any other facility. (Daily activities may vary from year to year.)

Register early to reserve your spot. Group size is limited to 8 participants. Because of the nature of this program, participants must be rising 7th – 9th graders to be eligible for enrollment. Rising 10th graders will be considered if there is room. Younger ages cannot be accommodated. A packet of waivers and release forms will be mailed with your confirmation. Forms **MUST** be signed and returned in order to participate.

### Sleep-away Camp at Camp Lakeland For Children Entering Grades 4 – 8

Dates: Monday, July 28 —  
Sunday, August 3

Cost: \$900 Members  
\$1000 Non-Members

## CIT (Counselor in Training)

CIT's Must Be 15 Years Old  
at the Time of Attendance

Weeks 1 — 8

Develop leadership skills, learn the basics of camp counseling, and provide support to camp groups. Each CIT will be assigned to a group that he or she will assist all week long. CIT's will report to counselors and head counselors for job duties. An interview may be required prior to acceptance. CIT's may need to attend counselor meetings and/or training. CIT's must be JCC members and **enrollment is limited**. The per-week fee for the CIT is \$30.



## Camp Aide

For Those Entering Grades 7 - 9

Weeks 1 — 8

Created by a demand for programs for this age group, each Camp Aide will work with a job coach during his or her week at the JCC. The Camp Aide will be assigned to a group and assist the counselors and CIT's. Camp Aides will have the added advantage of participating in the programs of their group. Swimming, field trips, and overnights are all included in this camp. Camp Aides may be required to attend a meeting/training with the Director. Camp Aides do not have the ability to choose the groups to which they are assigned, but the Director will work with their interests to assign them to an appropriate group. Requests can be made, but are not guaranteed. Camp Aides must be family members of the JCC. The per-week fee for a Camp Aide is \$100. **Space is limited.**

# TEEN PROGRAM

Being healthy takes hard work, determination, and guidance. Let the JCC's team of professionals help this summer with its new fitness program just for teens and pre-teens. Middle and high school athletes may find it to be the perfect way to stay in shape all summer, and keep them ready to succeed on their sports teams in the fall. It can also help jump-start teenagers who feel they want to work toward a healthier body and mind.

Imagine a full-day program in which you get to explore every aspect of being fit and healthy. You will likely find yourself trying new forms of exercise you've never experienced before – one of which may become your new favorite.

To truly round out your knowledge about how to be fit and healthy, you'll get professional nutritional counseling and fitness assessments, so you can set or maintain diet, weight, and strength goals. A psychologist will mentor students on healthy living and

help create a plan to stay healthy and fit through the new school year.

The program will run for six weeks, and is open to young men and women entering grades 7 - 10. Progress will be tracked, and the participant who makes the most improvement to his or her sample schedule will be rewarded with a full-fitness membership to the JCC's Neulander Family Sports and Fitness Center.

*Enrollment:  
Minimum of 6  
enrolled by June  
23 to run the  
program.*



## Teen Transformation Challenge

Open to Anyone Entering Grades 7 - 10

Dates: July 7 — August 15

Time: 9:30 AM - 3:30 PM

Cost: \$600 Member

\$750 Non-member

## Aspects of the Teen Transformation Challenge

- **Fitness Assessments** - Caloric Intake, Body Mass Index, Personalized Fitness Goals with a Personal Trainer
- **Group Fitness Class** - X-Biking, Boot Camp, Sports Skills and Drills, GeoMats, and more. Each day will feature a new class.
- **Meet with a Fitness Professional** - Each day, you will have a group session as well as personal consultations from one of many fitness professionals, including a personal trainer, fitness instructors, nutritionist, psychologist, and more.
- **Lunch and Pool Time** - Relax and eat a well-balanced meal. Choose between lap swimming, free swim, water fitness, or just lounging poolside.
- **Organized Sports** – Join a fitness professional for basketball games, tennis, track running, lacrosse, and more. Each day will feature a different sport.

- **Weight Training and Cardio** - Each day, a personal trainer will work with you toward your individualized fitness goals. Want to get healthy and lose weight? Need to bulk up and generate more muscle? First time in the gym and unsure what to work on? Based on your fitness assessment, you will be under the direct supervision of a personal trainer. They will demonstrate the use of the equipment, get you set up with the correct resistance and weights, and make sure you are doing each exercise correctly. Each day will focus on a new area, so you don't overwork your body.



- **Specialized Instruction** - Learn how to belay and climb on the rock wall, experience the correct way to run and jog, work on skills specific to your team sport, and more. Trainers will observe your form, technique, and teach you what you need to know to excel in many areas of sports and fitness.
- **Journaling** – Each day your fitness goals are tracked, updated, and changed to suit your needs. Create menus with a nutritionist, update your weight loss or muscle gain, track caloric intake, and receive certificates of accomplishment each time you master a new skill. Your journal is the key to keeping fit after the program is over.



*Remember, the participant making the most overall improvement to his or her health and fitness will receive a **FREE fitness membership** to the JCC Neulander Family Sports and Fitness Center. The harder you work at your personalized goals, the better your chances!*

# AFTER-CAMP CLINICS

After-Camp Clinics are available every week to give your child a more enriching experience during post-camp hours. This year, we are offering Lacrosse, Rock Climbing, and Geo-Fitness through the JCC Neulander Family Sports & Fitness Center. All clinics run for two days each week: Monday and Wednesday. Please indicate on the registration form if you need late care for the days when the clinics are not in session. The cost of Late Care will be pro-rated. Registration should be done with the After-Camp Clinic Registration form. All waivers must be signed for participation. To participate in After Camp Clinics, campers must be registered for camp during that particular week.

## Climbing Clinic



Open to Anyone  
Entering Grades 1 - 6

Time: 4:00 - 4:45 pm

Week 1: 6/30 & 7/2

Week 4: 7/21 & 7/24

Week 7: 8/11 & 8/13

Days: Mondays & Wednesdays

Cost: \$10 Members/  
(per week) \$15 Non-members

This weekly clinic is for the beginner rock climber looking for some excitement. Students will learn handholds, routes, and language associated with climbing. They will also learn climbing safety fundamentals. Pro-rated Late Care is available for those who need it.

Requirements: 5 minimum and 10 maximum;  
parent must sign waiver, sneakers.

## Lacrosse Clinic with David Willard

For Those Entering Grades 4 - 6

Time: 4:00 to 4:45 pm

Week 3: 7/14 & 7/16

Week 6: 8/4 & 8/6

Days: Mondays & Wednesdays

Cost: \$10 Members/  
(per week) \$15 Non-members

This clinic will teach the fundamentals necessary to enjoy the game of lacrosse. High-energy learning and teaching techniques will make players want to return to the game time and time again. Through drills designed specifically for lacrosse, you will see your child progress from one level to another and become comfortable with the game of lacrosse. Pro-rated Camp Rishon Late Care is available for those who need it. Requirements: 8 minimum. Must bring lacrosse stick and helmet with face mask.

## Geo-Fitness

Open to Anyone

For Those Entering Grades 1 - 6

Time: 4:00 to 4:45 pm

Week 2: 7/7 & 7/9

Week 5: 7/28 & 7/30

Week 8: 8/18 & 8/20

Days: Mondays & Wednesdays

Cost: FREE to Fitness Members  
\$10 Non-fitness members  
\$15 Non-members

Geomats are specially designed textured mats with numerical and directional symbols. Instructors use these numbers and directional symbols to get kids moving in a whole new way! This class can help improve coordination and balance and get kids moving to the beat!

Requirements: 5 minimum and 15 maximum.



**Register early to avoid close-outs!**

Sign up to attend weeks 1 through 6 and  
receive 10% off of weeks 7 and 8\*!

N O W A C C E P T I N G M E M B E R S H I P

# Are You Ready for Swimsuit Season?

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- Dance and Group Exercise Classes
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The JCC of Syracuse ■ 5655 Thompson Road in DeWitt ■ 445-2360

**CALL TO SCHEDULE A TOUR 234-4522**

# EARLY CHILDHOOD DEVELOPMENT PROGRAM CAMPS

## General Information

**Camp Director:**  
Shari Fauer

**Camp Program Director:**  
Kris Brooks

**Camp Office Staff:**  
Adrienne Collie and  
Barbara Burgess

**Preschool Camps Phone:**  
445-2040, ext 120 or  
445-2360, ext. 120

**Camp Dates: June 23 - August 15**

There is no camp on Friday, July 4.

## Medical Exam

A medical exam within 90 days prior to the start of camp is required for every new camper. ABSOLUTELY NO EXCEPTIONS CAN BE ALLOWED. Campers presently enrolled in the ECDP school year program must have an exam on file that is current (less than 1 year old) or provide an updated one. Exam documentation is required on an approved NYS Office of Children and Family Service form that will be sent to campers after their registrations have been processed.

## Summer Themes

This year, ECDP has decided to do a weekly theme similar to Camp Nitzanim (for school-age campers). The themes will be:

**Week 1** .....6/23 – 6/27  
Come to the Fiesta

**Week 2** .....6/30 – 7/3  
Tribute to the Red, White, and Blue

**Week 3** .....7/7 – 7/11  
Pirates of the JCC

**Week 4** .....7/14 – 7/18  
Frontier Days

**Week 5** .....7/21 – 7/25  
Back to Nature

**Week 6** .....7/28 – 8/1  
Peewee Olympics

**Week 7** .....8/4 – 8/8  
Under the Big Top

**Week 8** .....8/11 – 8/15  
Wacky Week

## Philosophy

Our pre-school camps encompass the high standards of our school year Early Childhood Development Program. We believe camp should be the place for making new friends and having fun-filled days. Our goal is to provide a summer of developmentally appropriate, interactive, outdoor activities that are sure to create special memories for even our youngest campers.

## Staff

Our pre-school camps are supervised by year-round Early Childhood Director Shari Fauer, with Assistant Director Kris Brooks serving as overall Program Director. Camp groups are staffed by experienced early childhood professionals from our school-year program and carefully selected college students. These skilled, trained counselors care about children and offer guidance, support, encouragement, enthusiasm and love.

## Schedule

Our camp activity schedules are based on a 5-day week. To accommodate varying family needs, we allow campers to choose to join us for fewer days in a week. Campers that choose these lesser time options will get to experience a wide variety, but not all, of the activities summer camp offers.

## Calendars

A calendar that includes a brief description of each day's activities will be provided to let you know what is scheduled to happen each week so that you can prepare your camper for the upcoming week's activities. We hope this will enable you and your child to anticipate what wonderful activities will happen each day.



## Groups

Children are placed according to chronological age, so that we can offer a developmentally appropriate and safe program. Absolutely no exceptions can be allowed. All programs (except off-site field trips for Gesher campers) are held at the JCC. Each group has its own individual, air-conditioned, brightly lit and developmentally equipped room to utilize as their special indoor home base.

Following our licensing policies, our four unique pre-school camps are:

**K'Ton Ton** (meaning little ones) for toddlers 18 months to those turning 3 years old after 12/1/08.

**Chaverim** (meaning friends) for campers who will be 3 years old by 12/1/08.

**Yeladim** (meaning children) for campers who will be 4 years old by 12/1/08.

**Gesher** (meaning bridge) for campers who will be 5 years old by 12/1/08 or entering kindergarten in the Fall.



## Activities

Throughout the summer, there are guest entertainers scheduled to perform, cookouts, ice cream socials and other special themed activities planned. Camp groups regularly have a friendship circle, and each age level joins to celebrate Shabbat on Fridays. All children attending the Early Childhood summer camps have an opportunity to participate in daily activities, which include:

- Arts and crafts
- Music and movement
- Gross motor, pre-sports
- Free play on our fenced-in playground

In addition, Camps K'Ton Ton and Chaverim take time out each afternoon for naptime. Camp K'Ton Ton has supervised water play at our unique playground sensory tables. All other early childhood camps have daily Red Cross swim lessons each morning. Camps Yeladim and Gesher also get time in the afternoons for free swim daily.

# EARLY CHILDHOOD DEVELOPMENT PROGRAM CAMPS

## Camp K'Ton Ton

K'Ton Ton, meaning "Little Ones," is for campers 18 months through those turning 3 years old after 12/1/08

Our youngest campers begin to experience camp with age-appropriate activities certain to make any child smile. Small groups allow our trained staff to give the children the time and attention that busy toddlers demand.

Session activities include:

- Arts and crafts
- Music and movement
- Air-conditioned indoor rooms
- Guest entertainers
- Songs and games
- Free play on fenced-in playground
- Stories and flannel board
- Daily afternoon naptime
- Supervised water play at unique playground
- Shabbat
- Friendship circle
- Bi-weekly cookout or ice cream social



## Camp Chaverim

Chaverim, meaning "Friends," is for campers who will be 3 years old by 12/1/08

Our three-year-old group really begins to experience camp with a full program loaded with fun and new experiences. Our trained counselors guide the campers through a day of adventure and exploration.

Session activities include:

- Daily Red Cross swim lessons (*morning*)
- Arts and crafts
- Nature activities
- Music and movement
- Gross motor activities
- Guest entertainers
- Free play on fenced-in playground
- Shabbat
- Friendship circle
- Air-conditioned indoor rooms
- Daily afternoon naptime
- Bi-weekly cookout or ice cream social

## Camp Yeladim

Yeladim, meaning Children, is for campers who will be 4 years old by 12/1/08

Our four-year-old Pre-K campers are exposed to very busy, active days full of a wide range of activities. To make sure that they are always on the "go", each session's activities include:

- Daily Red Cross swim lessons (*morning*)
- Daily free swim (*afternoon*)
- Arts and crafts
- Nature activities
- Music and movement
- Gross motor activities
- Guest entertainers
- Free play on fenced-in playground
- Friendship circle
- Shabbat
- Air-conditioned indoor rooms
- Daily afternoon quiet time
- Bi-weekly cookout or ice cream social

## Gesher

Gesher, meaning "Bridge," is for campers who will be 5 years old by 12/1/08 or entering Kindergarten in the Fall

Camp Gesher is a bridge between the Early Childhood Program and Kindergarten. Because of this, Camp Gesher provides an exciting opportunity to participate daily with Camp Nitzanim (one of the school-age camps) in selected activities, such as morning chugim (hobbies) and afternoon closing ceremonies. There are 4 different chugim for Gesher campers to choose from: art, drama, sports, and Israeli culture. Gesher campers, unlike children in our other camps also have morning Field Trips, Afternoon Adventures and Good Deeds and Goodies (scheduling prohibits half-day campers from taking advantage of afternoon activities even on an extra time basis). Camp Nitzanim has sleepovers during camp, but Gesher offers (for an extra fee) Late Night where campers are given another opportunity for free swim, are served dinner, and participate in a specially themed activity, all supervised by Gesher counselors and Asst. Director, Kris Brooks.

*Note: There are no additional charges for Camp Gesher field trips. Published fees are all-inclusive.*

- Daily Red Cross swim lessons (*morning*)
- Music and movement
- Shabbat
- Daily free swim (*afternoon*)
- Guest entertainers
- Friendship circle
- Nature
- Camp crafts
- Sports
- Off-Site field trip (*Morning*)
- "Good Deeds And Goodies" (*Afternoon*)\*
- "Off-Site Adventure" (*Afternoon*)\*
- Late Night with Gesher (*Optional Evening Program*)
- Air-conditioned indoor rooms

*\* Scheduling prohibits half-day Gesher campers from taking advantage of these afternoon activities on an extra time basis.*

# WHO ARE WE?

## Meet Camp Rishon

### Lori Innella-Venne, Camp Director

This is Lori's 4th summer with Camp Rishon. She has worked with children since graduating college and has taught science to elementary and middle school children. She has two children of her own. Lori can be reached at extension 109.



### Amy Thrasher, Assistant Camp Director

Amy has worked at the JCC for 7 years. She has been an After-School Program and Camp Rishon counselor and eventually working her way up into an administrative position. She attends college part-time to obtain a degree in special education and psychology. Amy can be reached at extension 129.



### Shari Fauer, Early Childhood Development Program Director

Shari has been the Director of ECDP for 3 years. Prior to that, she worked for 12 years with children as a speech-language therapist in Rochester, NY. Shari has two teenage daughters. Shari can be reached at extension 122.



### Kris Brooks, Early Childhood Camp Program Director

Kris has been with ECDP for nine years, and prior to that worked as a pre-school teacher in Syracuse. She also worked with children at the Syracuse Developmental Center for 10 years. She has three adult children. Kris can be reached at extension 123.



### David Willard, Aquatics Director

David has many years of experience managing fitness and aquatics centers in Maryland and New York. He has been working at the JCC since 2004. He has two children, a boy and a girl. David can be reached at extension 144.



### Katya Krenina, Specialty Art Camp Instructor

Katya is new to the JCC family. She has illustrated many children's books, including "Who Took My Hairy Toe" and "The Magic Dreidels." She has also taught art to children, including at The New School in Syracuse. We welcome her to Camp Rishon and look forward to her exciting art camps!



Dear Parents,

Thank you for your ECDP and camp patronage. As a courtesy and expression of gratitude for your loyalty and continued support we would like to offer you an opportunity that will enable you to hold down your expenses. We all understand the burden of keeping up with our personal expenses while our business overhead costs keep rising. The Jewish Community Center has a very special offer for you.

After years of cost cutting and careful management that has kept our membership fees unchanged for the last seven years, we are now at the point where we must raise our rates. However, you will not be expected to pay the increase in membership fees this year if you avail yourself of the opportunity to renew your membership or to become a new member before June 30th, 2008. After this date the new fees will apply to all new and existing members.

We hope that you will take advantage of this offer. Your continued support of our fine educational and recreational programs is very important to us. We thank you in advance for your support and above all, for your membership.

Sincerely,

Marci Erlebacher  
Executive Director

# WARM WEATHER FUN AT THE JCC POOL!

## Summer Season 2008

The JCC pool is a gathering place for our members and a great place to be when the weather gets hot. Maximize your membership by enjoying the pool in the evenings after work, on the weekends with your family and friends, and complete your early morning workout by swimming some laps.

Incorporating the pool into your personal training will add a new dimension to your fitness program. Utilize this great aerobic opportunity during our lap swimming hours and make the most of this fabulous time of year.

Whatever needs the pool may satisfy, we know it will provide many hours of rewarding recreation for you and your family. Several aquatics programs will be run throughout the course of the swimming season and at a glance, they include: learn-to-swim lessons, private and semi-private lessons, swim team, adult lap swim, and children's pool parties.



## JCC 2008 POOL SEASON INFORMATION

### Calendar

Sunday, May 25	Pool opens at 9:00 AM
Sunday, June 1	Learn to Swim Lessons Begin
Monday, June 30	Camp Rishon & Swim Team Begin
Friday, July 4	Holiday, Pool Open 9:00 AM - 7:00 PM
Monday, September 1	Labor Day, Last Day of Pool Operation

### Pool Hours Before and After Camp Rishon Season

<b>Sunday, May 25 — Sunday, June 29 &amp; Saturday, August 23 — Monday, September 1</b>	
Sunday - Friday	9:00 AM - 7:00 PM
Saturday	11:00 AM - 7:00 PM
Lap Swim (Monday - Friday only) ends at noon	



### Camp Rishon Season

<b>Monday, June 30 — Friday, August 22</b>	
Monday - Friday	3:30 PM - 7:00 PM
Saturday	11:00 AM - 7:00 PM
Sunday	9:00 AM - 7:00 PM

<b>Lap Swim only</b>	8:00 AM - 9:00 AM (Monday - Friday)
<i>(15 minutes each hour may be designated for Adult Swim and can be scheduled by making a request with the lifeguards on duty.)</i>	



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